

# The Simplici-T1 Trial: Relationship Between Glycemic Control And Insulin Dose

Carmen Valcarce, Klara R Klein, Jennifer L Freeman, Imogene Dunn, John B Buse

University of North Carolina School of Medicine, Chapel Hill, NC and vTv  
Therapeutics, High Point, NC

# Disclosures – Carmen Valcarce

- vTv Therapeutics employee

# TTP399-203 (Simplici-T1): Adaptive Phase 1b/2 Study Trial Design

1 site -



4 sites -



13 sites -



Study design

## Phase 1 (Sentinels)



- Open-label
- **7 day** dose escalation up to 1200mg QD
- **5 adult subjects** with T1D on CSII and CGM<sup>(1)</sup>

## Phase 2-Part 1 (Learning Phase)



- Double-blind Placebo control
- **12 weeks** dosing 800mg QD
- **19 adult subjects** with T1D on CSII and CGM<sup>(1)</sup>
- **Primary Endpoint:**  $\Delta$  in HbA1c
- Baseline HbA1c optimized prior to commencement of the study (baseline HbA1c 7.3%)

## Phase 2-Part 2 (Confirming Phase)

- Double-blind Placebo control
- **12 weeks** dosing 800mg QD
- **85 adult subjects** with T1D (all comers)
- **Primary Endpoint:**  $\Delta$  in HbA1c
- Baseline HbA1c optimized prior to commencement of the study (baseline HbA1c of 7.6%)

March 2018

- **No incidents of severe hypoglycemia or DKA**
- Indications of **improved glycemic control, while reducing insulin dose**
  - Increase % time in range
  - Reduce % time in hyperglycemia

June 2019<sup>(2)</sup>

- Placebo-subtracted **reduction in HbA1c of 0.7%**
- **Decreased insulin usage** was observed in the group treated with TTP399
- **No report of diabetic ketoacidosis or severe hypoglycemia**
- **Improved time in range**

February 2020<sup>(2)</sup>

- Placebo-subtracted **reduction in HbA1c of 0.32%**
- **Reduced total daily mealtime bolus insulin dose by 11%** relative to baseline
- **No report of diabetic ketoacidosis, fewer symptomatic hypoglycemic episodes** in TTP399 vs. placebo
- **2-hour increase in time in range** relative to placebo

Clinical results

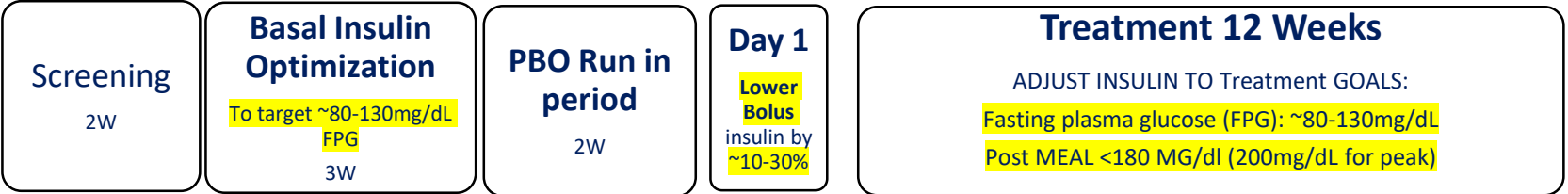
Note: ClinicalTrials.gov Identifier: NCT03335371.

(1) Subjects with Continuous Subcutaneous Insulin Infusion (CSII) and Continuous Glucose Monitoring (CGM).

(2) Top line results.

# Part 2 Study Design: Patient contact and insulin data collection

**Insulin-data collection from pumps or smart insulin pen (InPen)**



Insulin data D-14 to D0  
Baseline

Insulin data D70 to D83  
End of the study

# Methods

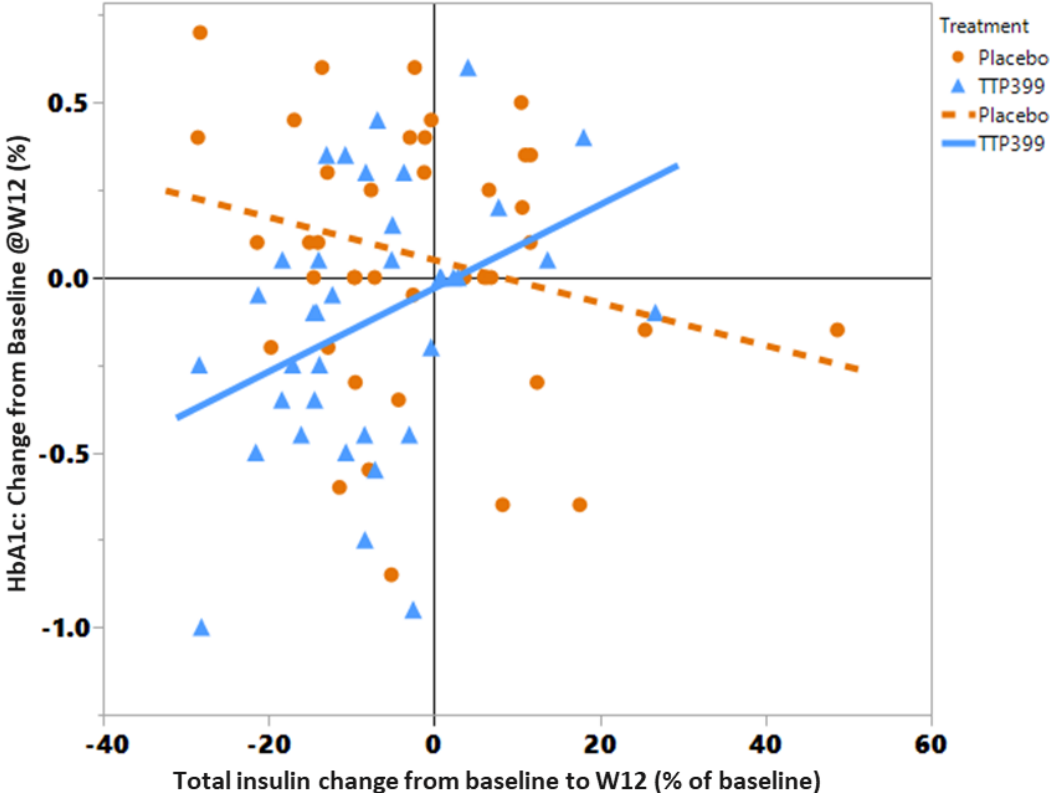
- The Simplici-T1 trial was designed to explore the safety and efficacy of a liver-selective GKA, TTP399, as an oral adjunctive therapy for T1D.
- Addition of TTP399 to an optimized insulin regimen improved glycemic control in subjects with T1D (see ePoster 122-LB).
- The treat-to-target (FPG: ~80-130mg/dL; post meal glucose: <180-200 mg/dL) design of the study allowed changes in insulin dose after the insulin-optimization period. To evaluate the effect that these changes had on HbA1c, several pre-planned analyses were performed:
  - Correlation between reduction in HbA1c and changes in insulin
  - Subgroup analysis by changes in total insulin. The criteria used to define the subgroups were based on change from baseline in Total Insulin (U/kg/day):
    - **Decreased insulin:**  $\Delta \leq -0.06$  U/Kg/day
    - **Stable insulin:**  $\Delta = -0.06 - 0.03$  U/Kg/day
    - **Increased insulin:**  $\Delta \geq 0.03$  U/Kg/day



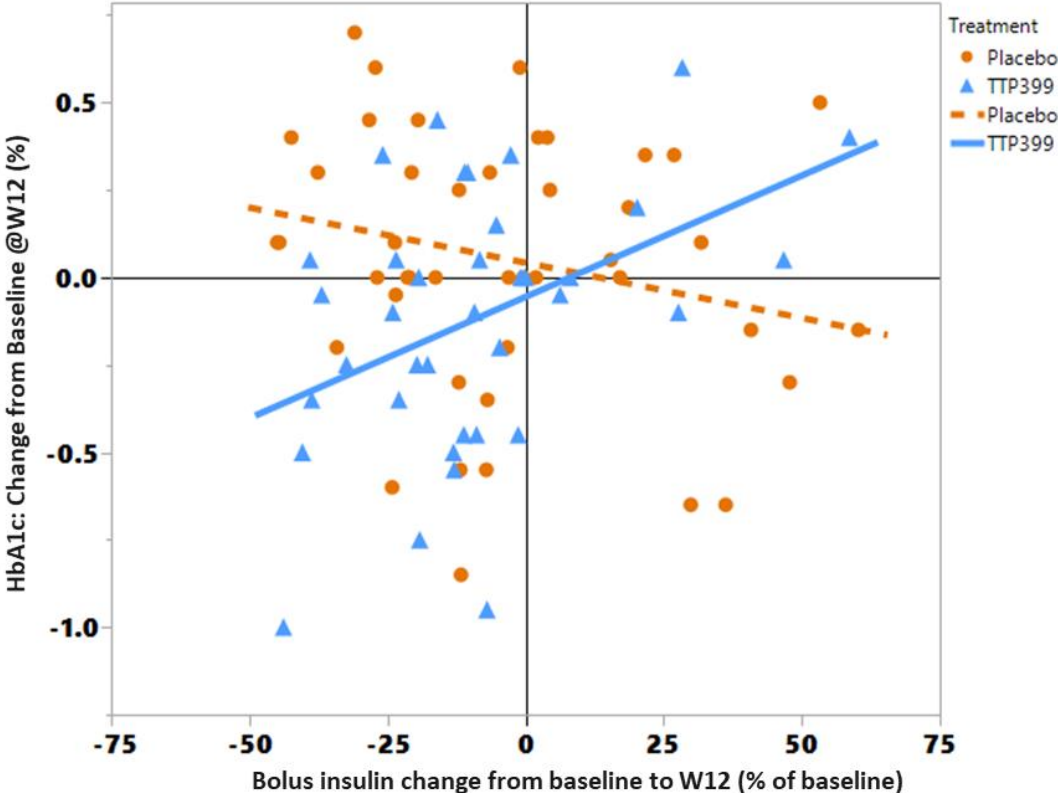
# Change in HbA1c at W12 vs Change in Insulin

TTP399 treatment results in better glycemic control with lower insulin dose

### $\Delta$ HbA1c vs $\Delta$ TOTAL Insulin



### $\Delta$ HbA1c vs $\Delta$ BOLUS Insulin

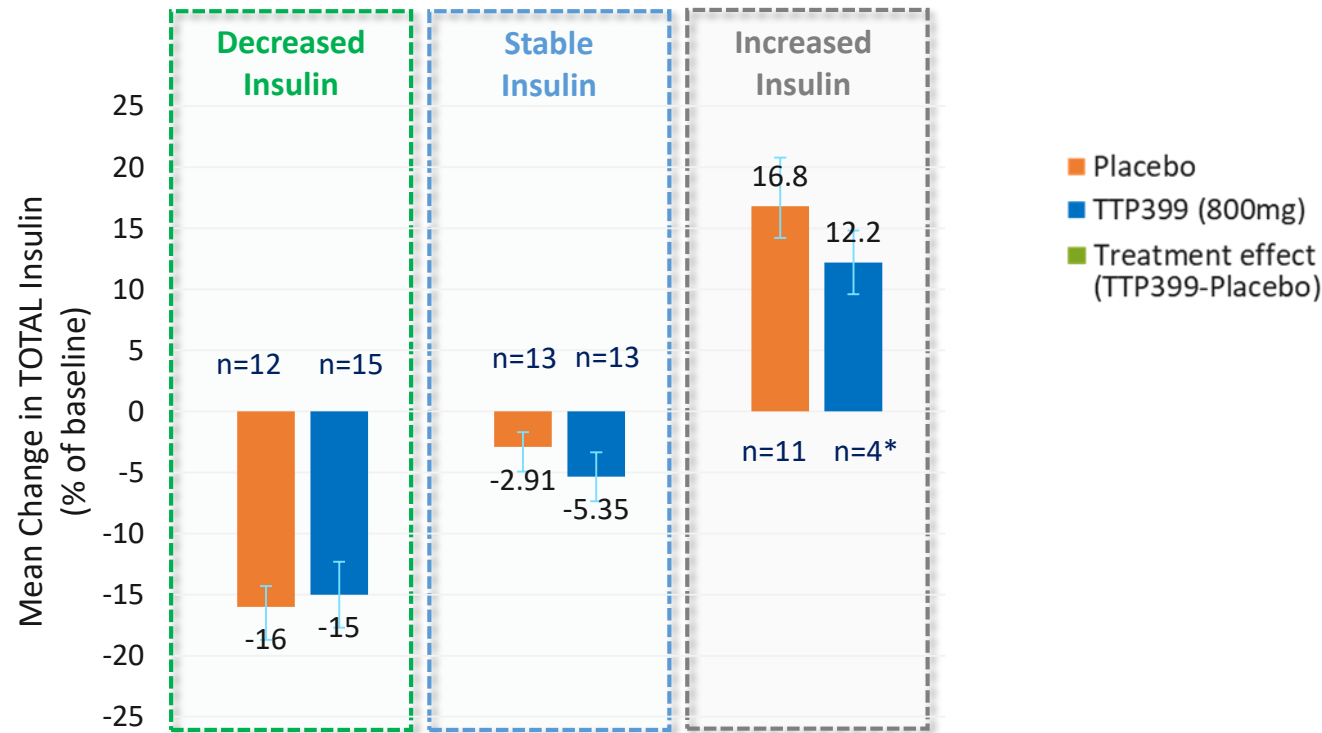


Presented data are complete cases (All patients with data at baseline and W12 are included)

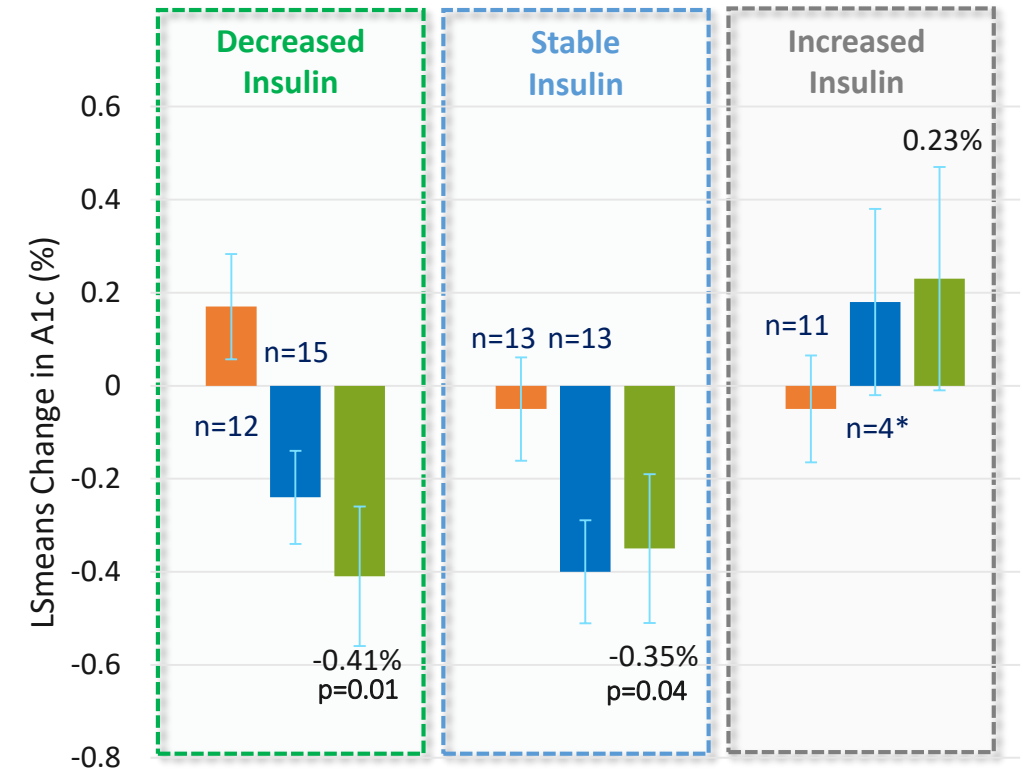
# Subgroup Analysis by Changes in Total Insulin

- TTP399 significantly reduced HbA1c compared to placebo in patients that decreased their insulin dose or maintained stable insulin dose throughout the study
- Significantly fewer patients in the TTP399 treated group needed to increase their insulin dose to maintain their glycemic targets

Change in Total Insulin @ W12 by Subgroup



Change in HbA1c @ W12 by Subgroup



The criteria used to define the subgroups were based on change from baseline in Total Insulin (U/kg/day):

**Decreased insulin:**  $\Delta \leq -0.06$  U/Kg/day

**Stable insulin:**  $\Delta = -0.06 - 0.03$  U/Kg/day

**Increased insulin:**  $\Delta \geq 0.03$  U/Kg/day

\*note: TTP399 levels undetectable in two of the subjects that increased insulin dose during the study

Error bars are SE

# Hypoglycemia and BOHB Per Insulin Group:

Trends towards reduction in hypoglycemic and ketone events in the TTP399-treated group

	Reduced Insulin		Stable insulin		Increased insulin	
Subjects with:	Placebo (n=12)	TTP399 (n=15)	Placebo (n=13)	TTP399 (n=13)	Placebo (n=11)	TTP399 (n=4)*
improved HbA1c	2 (16%)	10 (67%)	4 (31%)	8 (62%)	4 (36%)	0
abnormal BOHB ( >4mg/dL; 0.4nmol/L at any visit)	4 (33%)	2 (13%)	4 (31%)	2 (15%)	4 (36%)	0
severe hypo event	1 (8%)	0	0	0	0	0
symptomatic hypo event	3 (25%)	0	4 (31%)	1 (8%)	1 (9%)	1 (25%)**

*\*undetectable TTP399 levels in 2 of the subjects; \*\*occurred in one of the subject with undetectable TTP399 levels*

*BOHB: Beta-hydroxybutyrate*



# Conclusions:

## Liver Selective GKA shows potential as an adjunctive therapy for T1D

- Patients randomized to TTP399 achieved better glycemic control while reducing insulin dose. In the placebo-treated group, as expected, reduction in insulin dose was associated with increases in HbA1c.
- TTP399 significantly reduced HbA1c compared to placebo in patients that decreased their insulin dose or maintained stable insulin dose throughout the study.
- Significantly fewer patients in the TTP399 treated group required increases to their insulin dose to maintain their glycemic targets
- Trends towards reduction in hypoglycemic and ketone events were observed in the TTP399 treated group compared to placebo. This finding was not due to imbalance in baseline characteristics.
- Treatment effects should be evaluated in the context of insulin dose adjustment to observe the true efficacy of an adjunctive therapy in T1D as changes in HbA1c are a function of both the study drug and adjustments in insulin dose.

